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Reservations:

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PLEASE REMEMBER Your safety is your responsibility

LEGEND

Dams

4.5 km Trail distance

Graves

Waterfalls

Parking

Drinking water

Swimming pools

+

Look-out points

Hiking Trails:

Murasie

Miaspoort

----- Kromrivier

----- Elandsrivier

Roads:

Freeway

National Road

Provincial Road

Secondary Road

--- Limietberg

Rock Hopper

Happy Valley

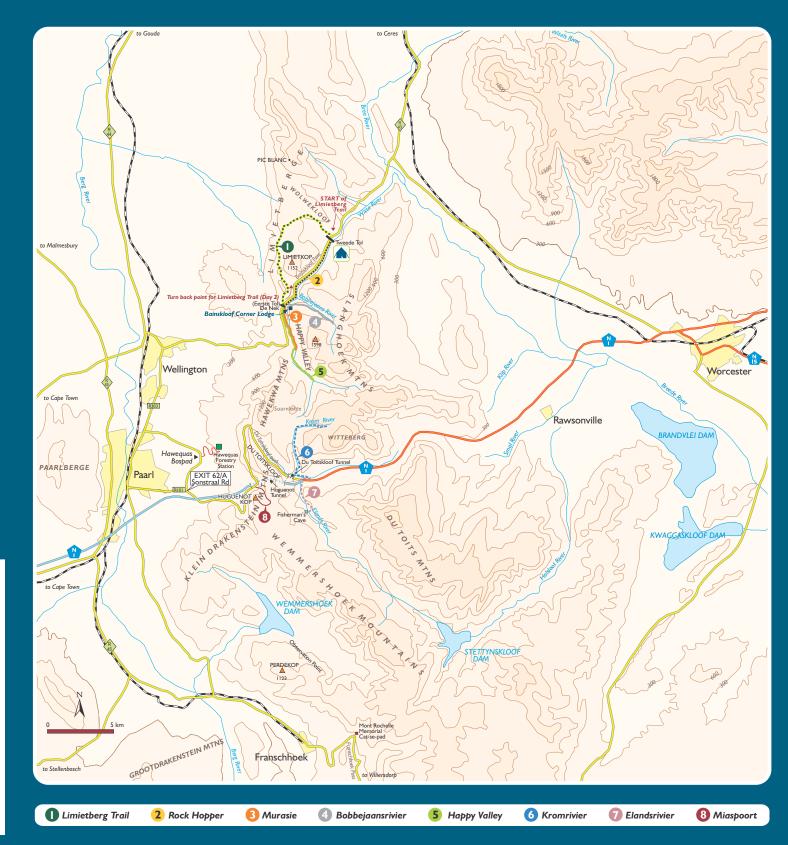
Bobbejaansrivier

DISCLAIMER OF LIABILITY

All persons entering this conservation area and using its facilities do so entirely at their own risk. The Western Cape Nature Conservation Board and/or its employees and/or agents and/or its successors in title shall not be liable for any damage, loss, theft, injury, accident or death suffered by any person, howsoever caused. Right of Admission Reserved.

FIRE LIABILITY

Fire is a major environmental, human and livelihood threat. Anyone caught lighting, using or maintaining a fire or attempting to light, use or maintain a fire in areas other than those demarcated by the Nature Reserve Manager will be in contravention of the National Veld and Forest Fire Act (101 of 1998) and will be liable for a fine as well as all costs incurred to extinguish the fire. PLEASE BE FIREWISE.

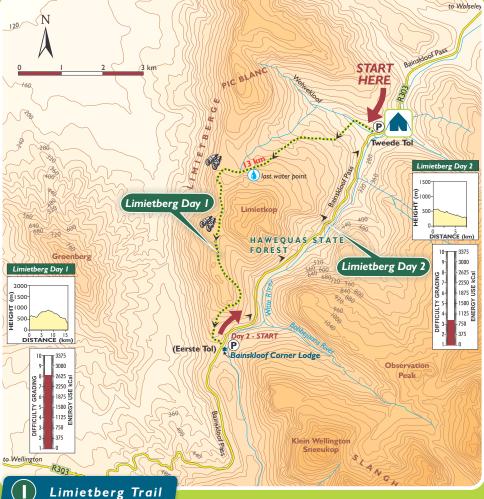


ome 102 000 ha of fynbos-covered mountain slopes, challenging cliffs, and indigenous river valleys make up the Limietberg Nature Reserve. It stretches from Franschhoek in the south, to Railway line the Klein Drakenstein mountains in the east and the Elandsberge in the north, and forms part of Towns /built up areas the greater Boland mountain range. The area is an important water catchment for the Breede and Berg Contour intervals 40 m Rivers. The catchment also feeds the Wemmershoek, Stettynskloof and Brandvlei dams. Rivers and streams

The weather conditions in these mountains vary from very hot and dry in the summer months, to extremely cold and wet during the winter, with snow on the higher peaks. Hikers are cautioned to heed weather reports.

Small antelope, baboon and the occasional caracal and leopard occur. You may also be lucky enough to spot endemic birds such as the Cape sugarbird and the protea canary, as well as the majestic black eagle. Three endemic fish species are increasingly threatened by alien trout fish that were introduced prior to the establishment of the reserve.





20.5 km, 2 days. Circular.

his popular two-day trail has changed from the previous linear route, to a circular route between Tweede Tol in Bainskloof to Bainskloof Corner Lodge, 2km south of Eerste Tol. Groups are limited to 12 people, with a maximum of 24 people per day.

NO FIRES ARE **ALLOWED ALONG** THE ROUTE



available) and ascends steadily into Wolwekloof for the first 4 km. You hike in a southerly direction to Eerste Tol and the Bainskloof Corner Lodge (2 km south of Eerste Tol). The route offers fantastic views over the Berg River Valley, Table Mountain, Simonsberg, Voëlylei Dam and the Rieheeck Valley to the north. Enough water should be carried, as there is no running water in summer. It is also advisable to begin early to avoid the midday heat. Hikers need to arrange their own overnight accommodation at Bainskloof Corner Lodge Tel: 02 | 864 | 1159.

- I You can return along the route you walked
- 2 You can walk back along the Bainskloof Pass for a cultural historical perspective;
- 3 You can go back on the Rockhopper Trail Follow the river downstream to Tweede Tol. This can only be done in summer

Hot weather, insufficient liquid and exhaustion can cause hyperthermia or heat exhaustion. Symptoms can include exhaustion, stumbling, dizziness,

The following points can help to avoid hyperthermia:

Hike in the cool of morning and later afternoon.

Rest in the shade during midday.

HIKING SAFETY

Planning Plan your hike thoroughly, paying attention to

- Availability of water.
- Size of group (preferably three or more), never
- Fitness and medical condition of group members. The slowest person determines the pace of
- neone of your plans and expected time
- Time of start and expected finish.

ather conditions can change very quickly. Do not mpt to hike if a trail is closed - it can endanger

- INPS

 If the weather takes a turn for the worse, make your way back to the start as quickly as possible. Do not attempt to complete the trail.

 Weather forecasts are available at tel:082 162.If in doubt.phone the reserve before leaving home.

Clothing and Footwear

- Boots or shoes should be sturdy with strong non-slip soles and must be well worn in Tennis shoes and sandals are not suitable.
- Sun hats are essential, even on cool days. In cold weather, wear a warm cap to prevent heat loss.

- Compass / GPS
 At least a 1,5 I water bottle Cell phone with spare battery

Always carry the following items:

- Headlamp / Torch (with
 - rypotnermia (annormaly) tow looy temperature)
 Wet, wind and cold can cause hypothermia.
 Symptoms include stumbling, uncontrolled shivering, slurred speech, loss of memory and drowsiness. Stay dry and warm and seek shelter while you still have energy, but try to stay near the path.
- First aid kit

CapeNature manages large areas in the Western Cape, and encourages hikers to enjoy their wild beauty. Hiking is a wonderful opportunity to explore naturalareas, but could end in tragedy if these guidelines are not followed.

- Matches in a waterproof container Warm jacket

Alcohol is not permitted because it may impair judgement and cause dehydration.

In the event of an emergency or accident:

- n the event of an emergency or accident:
 Keep the group together.
 Keep moving if possible.
 If unable to continue due to injury or collapse, or if weather conditions become too severe, seek shelter.
- rescue party. Do not stray from a given route. In case of emergency notify the reserve office or phone 10177.
- If possible, send two experienced group members to report the accident. Don't abandon the
- Give the rescue team full name, age of the casualty; the type of injury; the location of the accident.

Use bright items to reveal your position to search teams. Blow a whistle to attract attention.

Hypothermia (abnormally low body temperature

Find water, rock slabs or cleared areas and stay there. Avoid thick bush, kloofs and rocky areas where you could be treased. where you could be trapped.
Try to keep to jeep tracks, paths or open slopes.

Wave bright items to attract atter Being lost Never descend via unknown terrain. Loose stones and hidden cliffs can be deadly. Sunlight and weather permitting, retrace your steps until reaching a known route. Otherwise, stay where you are until rescued.

Drink enough water

- Inform the trail authorities when you reach the

Never try to out-run a fire, especially uphill. Take note of changes in wind direction.

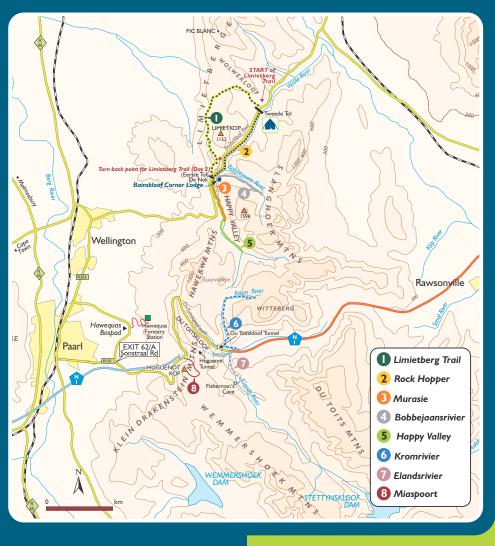
Conservation

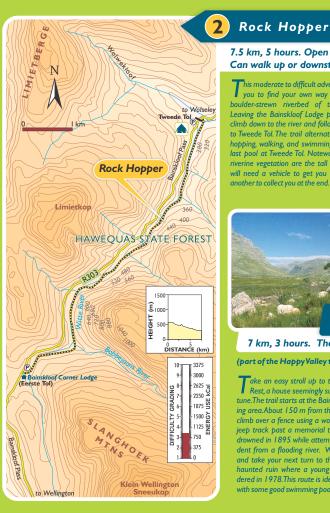
Do not interfere with plants or animals, or deface rocks or trees.
Take all litter home with you.

Use a small spade to bury toilet matter.
Fires are strictly prohibited.

- Never discard cigarette butts they cause veld fires and are unsightly.
- Stick to paths and walk in single file to avoid soil







7.5 km, 5 hours. Open end. Can walk up or downstream.

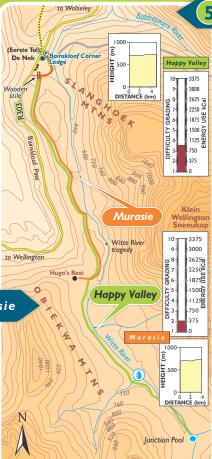
derate to difficult adventure challenges you to find your own way up or down the poulder-strewn riverbed of the Witte River. eaving the Bainskloof Lodge parking area, you limb down to the river and follow it downstream Tweede Tol. The trail alternates between rock hopping, walking, and swimming through to the last pool at Tweede Tol. Noteworthy among the iverine vegetation are the tall yellowwoods. You will need a vehicle to get you to the start and another to collect you at the end.



7 km, 3 hours. There and back.

(part of the Happy Valley trail)

ake an easy stroll up to the ruins of Hugo's Rest, a house seemingly surrounded by ill for-tune. The trail starts at the Bainskloof Lodge parking area. About 150 m from the parking area you climb over a fence using a wooden stile. Follow a jeep track past a memorial to four people who frowned in 1895 while attempting to save a student from a flooding river. Walk a little further and take your next turn to the right to find the haunted ruin where a young woman was mur dered in 1978. This route is ideal for large groups, with some good swimming pools along the way.



10 km, 6 hours. There and back.

Happy Valley

his route in Bainskloof Pass follows a section of the Limietberg Trail and ends at Junction Pool. The trail is limited to 12 people per day. It starts at the Bainskloof Lodge parking area - from there follow the gravel road for about 150 m then climb over a fence using the wooden stile. From here, hikers follow the jeep track parallel to the Witte River that has some spine-tingling pools, with Junction Pool as one of the most popular pools in the Boland Mountains. Look out for a furrow, "Die Witrivier se Grip", that was built by farmers in 1856 to divert water from the Witte River to the Berg RiverValley.



7 km, 5 hours. There and back.

rom the fenced parking area (for permit hold-Fers) near the exit of the tunnel on the Worcester side, follow the trail across the bridge over the Molenaars River. After crossing the river the trail heads upstream and then ascends along the right-hand slopes of the Krom River. Before reaching the first waterfall, the path passes through a magnificent patch of indigenous forest. Extreme caution must be exercised when climbing to the second waterfall with its impressive pool. This popular trail might be closed during wir ter and heavy rains. Please inquire first.

8 km, 6 hours. There and back.

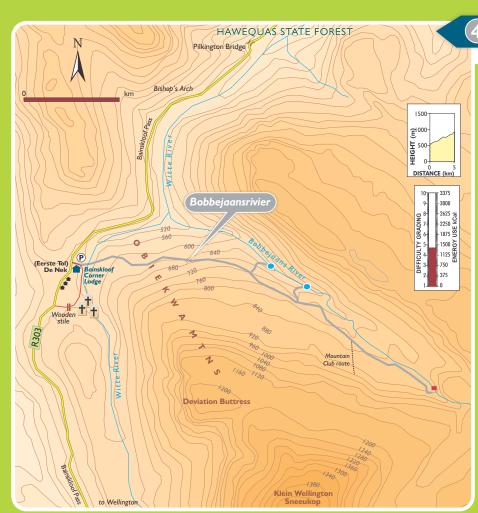
his trail starts on the old Du Toitskloof Pass

tunnel. It is a long and initially difficult walk as the

first two hours are a steep climb to the top of the



LEGEND Hiking Trails: Limietberg Rock Hopper Murasie Happy Valley Bobbejaansrivier Miaspoort ----- Kromrivier ----- Flandsrivier Roads: Freeway National Road Provincial Road Secondary Road Railway line Towns / built up areas Contour intervals 40 m Rivers and streams Dams Look-out points + Graves Waterfalls **Parking** Drinking water Swimming pools The library was a second with the li M H W K M M



4 Bobbejaansrivier

9 km, 5 hours. There and back.

he trail starts at the Bainskloof Lodge parking Bobbejaans River, a tributary of the Witte River. You cross the Witte River for an easy walk along a ontour above the river.After about 3,5 km, there s a turn-off to inviting pools in the river.The final 750 m ascends steeply to the three-tiered waterfall. This trail is very popular in summer, when the disas and giant proteas are in bloom. TheWitte River is difficult to cross in the winter.



6 km, 5 hours. There and back.

This trail is immediately to the right after the Worcester exit of the tunnel. There is a fenced parking area for permit holders. From the barking area follow the trail towards the bridge Before the bridge, at the signpost, hikers turn left towards the tunnel. After an initial steep climb, the route becomes easier following the Elands River. It swings away from the river at places, ascending quite high, and providing views over the valley. The trail then descends to the Fisherman's

This trail is very popular in the winter as no

